

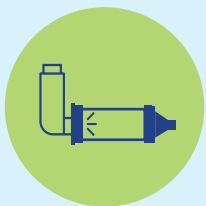
# SA Kids B.R.E.A.T.H.E.

Building Relationships, Effective **ASTHMA** Teaching in Home Environments

## IS YOUR CHILD HAVING TROUBLE BREATHING?

SA Kids BREATHE is a **NO COST** home teaching program. Our goal is to improve the quality of life of children with asthma, keep kids in school and keep parents at work.

### What will I learn?



How To Use  
Asthma Devices



What Can  
Trigger Asthma



About Your Child's  
Asthma Medicine

**Services  
At  
NO COST**

### Anyone can refer to the program!

#### Who provides these services?

- Community Health Workers (CHWs)
- Guided by a Certified Asthma Educator
- Translation services available



**Folleto Disponible En Español**

**Serving children with  
asthma ages 3-17  
years living in the  
City of San Antonio.**

**For more info, call  
210.207.7282**

**Servicios De Traducción Disponibles**

**WE PROVIDE HOME EDUCATION, SUPPORT,  
CONNECTIONS AND REFERRALS.**



**CITY OF SAN ANTONIO  
METROPOLITAN HEALTH DISTRICT**