



For more information about your health plan, visit [CommunityFirstMedicaid.com](http://CommunityFirstMedicaid.com).

**(210) 358-6060**

# STAR & CHIP

## VALUE-ADDED SERVICES

Community First Health Plans offers the most Value-Added Services (extra benefits) to our Members.

We're here to help you and your family every step of the way.



**COMMUNITY FIRST**  
HEALTH PLANS

For more information about your health plan, visit [CommunityFirstMedicaid.com](http://CommunityFirstMedicaid.com).

## **STAR & CHIP Members may be eligible to receive the following Value-Added Services.\***

- > **Toddler booster seat for children current with their Texas Health Steps or CHIP well-child checkup (ages 4-10)**
- > **Up to \$60 in gift cards per child for completion of Texas Health Steps checkups (STAR Members only)**
- > **Up to \$25 in gift cards for completion of Adolescent Immunizations (ages 9-13)**

### **Health & Wellness Program Incentives**

- > \$10 gift card for new Members who complete the General Health Assessment
- > Asthma kit, pillow cover, and \$10 gift card for Members who enroll and complete education in Asthma Matters: Asthma Management Program
- > Up to \$50 in gift cards for Members who enroll and complete required education and screenings in Diabetes in Control: Diabetes Management Program
- > Complimentary 4-month YMCA membership (for 2 adults and up to 4 children) for Members who enroll and complete education in the YMCA Weight Loss and/or Diabetes Prevention Program
- > Home visits for high-risk Members enrolled in Community First Health & Wellness Programs

### **Enhanced Health Benefits**

- > Low-cost dental services for Members ages 21 and older and uninsured family members
- > Extra vision benefits, including up to \$125 for frames or \$75 for contact lenses

### **Pregnancy Support**

- > Up to \$120 in gift cards for pregnant Members who enroll in Healthy Expectations Maternity Program and complete prenatal services
- > Mommy & Me Baby Shower with gifts for pregnant Members who enroll in Healthy Expectations Maternity Program
- > Up to \$30 reimbursement for birthing classes or toward pregnancy-related item
- > Home visits for high-risk pregnancies

### **And Much More!**

- > Transportation assistance to Community First hosted events, health classes, and Member Advisory Group meetings
- > Smart phone with up to 500 minutes, including unlimited texting and 4.5 GB of data
- > No-cost sports physicals
- > 24-Hour Nurse Advice Line
- > Zumba classes for Members and their families with free fitness giveaways
- > No-cost smoking cessation resources
- > \$25 gift card for attending follow-up appointment after leaving a behavioral health hospital
- > Online mental health resources
- > Bike safety and repair classes for Members and their families
- > Prescription Savings Card for use by uninsured family members
- > No-cost notary services for Member's medical documents

\* Limitations or restrictions may apply. Please contact a Health Educator at 210-358-6060 or email [healthyhelp@cfhp.com](mailto:healthyhelp@cfhp.com) to see if you qualify for specific Value-Added Services.

**Value-Added Services are effective from September 1, 2021 through August 31, 2022.**

Community First Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity or sexual orientation. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-434-2347 (TTY: 1-800-390-1175).