



**TEXAS**  
Health and Human  
Services

**TEXAS STAR**  
Your Health Plan ★ Your Choice

If you have questions about  
Value-Added Services, please call:

**210-358-6060**

# STAR Medicaid

## VALUE-ADDED SERVICES

Community First Health Plans is proud to offer the most Value-Added Services (extra benefits) to our STAR Members. We care about your well-being beyond health care visits.



**COMMUNITY FIRST**  
HEALTH PLANS

CFHP\_1733GOV\_0823

**For more information, please visit [CommunityFirstMedicaid.com](https://CommunityFirstMedicaid.com)**

Value-Added Services are effective from September 1, 2023 through August 31, 2024.

Community First Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity or sexual orientation.  
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-434-2347 (TTY 1-800-390-1175 o 711).

## STAR Members may be eligible to receive the following Value-Added Services:\*

- > Up to \$80 in gift cards per child for completing Texas Health Steps checkups and Community First Health Assessment
- > Toddler booster seat for children current with their Texas Health Steps checkups (to be used according to safety guidelines)
- > Up to \$25 in gift cards for completing Community First Health Assessment and receiving Adolescent Immunizations (ages 9-13)

### Health & Wellness Program Rewards

- > \$10 gift card for new Members who complete Community First Health Assessment
- > For Members who participate in Asthma Matters: Asthma Management Program:
  - \$80 in gift cards for completing San Antonio Kids BREATHE home visits
  - \$10 gift card for getting a flu shot
  - Mask with aerosol chamber
  - Allergy-free pillow protector
  - \$10 gift card for completing required asthma education
- > Up to \$60 in gift cards for Members who participate in Diabetes in Control: Diabetes Management Program and complete required education and screenings
- > Complimentary 4-month YMCA membership (for 2 adults and up to 4 children) for Members who participate in the YMCA Weight Loss and/or Diabetes Management Program and complete required education
- > Home visits for high-risk Members who participate in Community First Health & Wellness Programs
- > \$25 gift card for Members who participate in Healthy Mind: Behavioral Health Program and complete a follow-up visit with a behavioral health provider within 7 days of hospital discharge
- > \$25 gift card for non-pregnant Members who get screened for cervical cancer and participate in Healthy Living: Lifestyle Management Program
- > Blood pressure cuff for Members who participate in the YMCA Blood Pressure Self-Monitoring Program

### Enhanced Health Benefits

- > Low-cost dental services for Members ages 21 and up and any uninsured family members, including free exams and X-rays every six months
- > Extra vision benefits, including up to \$125 for frames or \$75 for contact lenses
- > \$50 one-time allowance for over-the-counter items for Members participating in Complex Case Management

### Pregnancy Support

For pregnant Members who participate in Healthy Expectations Maternity Health Program:

- > Up to \$90 in gift cards:
  - \$10 for attending Mommy and Me Baby Shower
  - \$20 for completing a health assessment and agreeing to receive health education text messages
  - \$20 for completing a prenatal visit
  - \$20 for receiving the flu shot during pregnancy
  - \$20 for completing a postpartum visit
- > Mommy & Me Baby Shower with free gifts for dad who attends with mom
- > Baby car seat or Pack & Play
- > Diaper bag with baby supplies
- > Maternal Health Community Club offering:
  - A Health Educator assigned to you to help find health services, community resources, and guide you through pregnancy and beyond.
  - Pregnancy, birthing, postpartum and baby education
  - Baby car seat or Pack & Play, whichever was not received during Mommy and Me Baby Shower.
- > Up to \$30 reimbursement for birthing classes or toward a pregnancy-related item
- > Home visits for high-risk pregnancies
- > 10 prepared meals home-delivered for Members who complete a postpartum assessment

### And Much More!

- > Transportation assistance to non-medical appointments, like Community First hosted events or to a local WIC or Social Security office
- > Smartphone with two plan options
- > No-cost sports and school physicals
- > 24-Hour Nurse Line
- > In-person and virtual Zumba classes for Members and their families with free fitness giveaways
- > No-cost smoking cessation resources
- > Online mental health resources
- > Bike safety and repair classes for Members and their families
- > Prescription Savings Card for use by uninsured family members
- > No-cost notary services for Member's medical documents
- > \$25 gift card for completing Community First Health Assessment and receiving a flu shot booster on or before Member's second birthday

\* Limitations or restrictions may apply. Please call 210-358-6060 or email [healthyhelp@cfhp.com](mailto:healthyhelp@cfhp.com) to see if you qualify for specific Value-Added Services.