



If you have questions about  
Value-Added Services, please call:  
**210-358-6060**

# CHIP Perinate

## VALUE-ADDED SERVICES

Community First Health Plans is proud to offer the most Value-Added Services (extra benefits) to our CHIP Perinate Members. We care about your well-being beyond health care visits.



**COMMUNITY FIRST**  
HEALTH PLANS

CFHP\_1734GOV\_0823

For more information, please visit [CommunityFirstMedicaid.com](https://CommunityFirstMedicaid.com)

Value-Added Services are effective from September 1, 2023 through August 31, 2024.

Community First Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity or sexual orientation.  
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-434-2347 (TTY 1-800-390-1175 o 711).

## **CHIP Perinate Members may be eligible to receive the following Value-Added Services:\***

### **Healthy Expectations Maternity Program**

A health and wellness program for expecting moms. By joining, you'll receive:

- > \$20 gift card for completing a health assessment and agreeing to receive health education text messages
- > \$20 gift card for completing a prenatal visit
- > \$20 gift card for receiving the flu shot during pregnancy
- > \$20 gift card for completing a postpartum visit
- > Up to a \$30 reimbursement for birthing classes or toward pregnancy-related items
- > Prenatal and postpartum education
- > Home visits for high-risk pregnancies

### **Mommy & Me Baby Shower**

A special in-person or virtual celebration designed to teach you more about pregnancy, postpartum, and newborn care. During the shower, you'll receive:

- > \$10 gift card for attending
- > Diaper bag filled with baby items
- > Baby car seat or pack & play
- > Gifts for dads who attend the baby shower with mom

### **Maternal Health Community Club**

A club created for pregnant women to come together and support one another while learning about pregnancy health and infant development. Attend club sessions and you'll receive:

- > A Health Educator assigned to you to help find health services, community resources, and guide you through pregnancy and beyond
- > Pregnancy, birthing, postpartum, and baby education
- > Baby car seat or Pack & Play, whichever was not received during Mommy and Me Baby Shower

### **And More!**

- > Transportation assistance to non-medical appointments, like Community First hosted events or to a local WIC or Social Security office
- > 24-Hour Nurse Line
- > Online mental health resources
- > Prescription Savings Card for use by uninsured family members

\* Limitations or restrictions may apply. Please call 210-358-6060 or email [healthyhelp@cfhp.com](mailto:healthyhelp@cfhp.com) to see if you qualify for specific Value-Added Services.