



**Community First Health Plans has adopted the following sources for which
Medical, Behavioral, and Preventive Health Guidelines are based.**

Type of Guidance	Original Date Adopted	Scientific Source Upon Which Guideline Is Based	Date of Guideline Update By Scientific Source	Type Of Guideline	Age Range Of Guideline
Alcohol Use Disorder	2020	The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2024	Behavioral Health	Adult
Alzheimer's Disease	2020	Alzheimer's Association https://www.alz.org/professionals/health-systems-medical-professionals/guidelines_index_(1)	2024	Medical	Adult
Anxiety	2020	Anxiety and Depression Association of America, Generalized Anxiety Disorder https://adaa.org/professionals/research-practice/clinical-practice-tools	2024	Behavioral Health	Adult/ Pediatric
Asthma	2002	Diagnosis and Management of Asthma: National Heart, Lung, and Blood Institute (NHLBI) https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines	2020	Medical	Adult/ Pediatric
	2024	Global Initiative for Asthma https://ginasthma.org/wp-content/uploads/2022/07/GINA-Main-Report-2022-FINAL-22-07-01-WMS.pdf	2022	Medical	Adult/ Pediatric
Attention Deficit Hyperactivity Disorder	2002	American Academy of Pediatrics – Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents https://publications.aap.org/pediatrics/article/144/4/e20192528/81590/Clinical-Practice-Guideline-for-the-Diagnosis	2019	Behavioral Health	Pediatric

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Bipolar Disorder	2020	American Psychiatric Association, Practice Guideline for the Treatment of Patients with Bipolar Disorder, Second Edition https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf	2010	Behavioral Health	Adult/ Pediatric
Bronchiolitis	2020	American Family Physician – Respiratory Syncytial Virus Bronchiolitis in Children https://www.aafp.org/afp/2017/0115/p94.html	2020	Medical	Pediatric
	2021	American Academy of Pediatrics – The Diagnosis, Management, and Prevention of Bronchiolitis https://publications.aap.org/pediatrics/article/134/5/e1474/75848/Clinical-Practice-Guideline-The-Diagnosis	2021		
Cancer	2020	National Comprehensive Cancer Network Clinical Practice Guidelines in Oncology https://www.nccn.org/guidelines/category_1	2024	Medical	Adult/ Pediatric
Cardiovascular Disease	2020	ACC/AHA Guidelines on the Primary Prevention of Cardiovascular Disease https://pubmed.ncbi.nlm.nih.gov/30879339/	2019	Medical	Adult
Child Abuse and Neglect	2020	National Institute for Health and Care Excellence – Child Abuse and Neglect Guidelines https://www.nice.org.uk/guidance/ng76/chapter/Recommendations	2017	Medical	Pediatric
		U.S. Department of Health and Human Services, Children’s Bureau – Recognizing the Signs and Symptoms https://www.childwelfare.gov/pubpdfs/whatiscan.pdf	2019		
Chronic Obstructive Pulmonary Disease (COPD)	2020	Global Initiative for Chronic Obstructive Lung Disease https://goldcopd.org/wp-content/uploads/2020/12/GOLD-2021-POCKET-GUIDE-v2.0-14Dec20_WMV.pdf	2021	Medical	Adult

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Coronary Artery Disease	2020	American Heart Association, Get With the Guidelines® – Coronary Artery Disease https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-coronary-artery-disease	2024	Medical	Adult
COVID-19	2024	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/	2023	Medical	Adult
Depression	2005	Management of Major Depressive Disorder: VA/DOD https://www.healthquality.va.gov/guidelines/mh/mdd	2023	Behavioral Health	Adult
Diabetes	2002	American Diabetes Association – Standards of Medical Care in Diabetes https://diabetesjournals.org/care/article/43/Supplement_1/S1/30756/Introduction-Standards-of-Medical-Care-in-Diabetes	2020	Medical	Adult/ Pediatric
	2019	Diabetes Health Practitioner Guidance and Training – Texas DSHS https://www.dshs.texas.gov/diabetes/diabetes-health-practitioner-guidance-training	2024	Medical	Adult/ Pediatric
Heart Failure	2020	American Heart Association, Get with the Guidelines® – Heart Failure https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-heart-failure	2024	Medical	Adult
	2020	American Heart Association, Target: Heart Failure https://www.heart.org/en/professional/quality-improvement/target-heart-failure	2024	Medical	Adult
Hepatitis C Virus Infection	2024	Clinical Practice Guidance for Testing, Managing, and Treating Hepatitis C Virus Infection: 2023 Update by AASLD-IDSA https://www.idsociety.org/practice-guideline/hcv-guidance/	2023	Medical	Adult

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High Blood Cholesterol	2005	Guidelines on the Management of Blood Cholesterol: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines http://www.onlinejacc.org/content/early/2018/11/02/j.jacc.2018.11.003?_ga=2.70308240.1657840953.1551735042-598972445.1551735042	2019	Medical	Adult
HIV	2024	Clinical Practice Guidance for Persons with Human Immunodeficiency Virus: 2020 Update by HIVMA/IDSA https://www.idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/	2021	Medical	Adult
Hypertension	2019	American College of Cardiology – Guidelines for High Blood Pressure in Adults https://www.acc.org/Latest-in-Cardiology/ten-points-to-remember/2017/11/09/11/41/2017-Guideline-for-High-Blood-Pressure-in-Adults	2018	Medical	Adult
Immunization	2002	Centers for Disease Control and Prevention – Immunization Schedules https://www.cdc.gov/vaccines/schedules/hcp/	2024	Preventive	Adult/ Pediatric
Kidney Disease	2020	National Kidney Foundation, Guidelines, and Commentaries https://www.kidney.org/professionals/guidelines/guidelines_commentaries	2024	Medical	Adult/ Pediatric
Liver Disease	2020	American Association for the Study of Liver Diseases, Practice Guidelines https://www.aasld.org/publications/practice-guidelines	2024	Medical	Adult/ Pediatric

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Obesity Management	2020	American Association of Clinical Endocrinologists and American College of Endocrinology – Comprehensive Clinical Practice Guidelines for Medical Care of Patients with Obesity https://www.endocrinepractice.org/article/S1530-891X(20)44630-0/fulltext	2016	Medical	Adult/ Pediatric
	2016	The Endocrine Society – Pediatric Obesity-Assessment, Treatment, and Prevention https://academic.oup.com/icem/article/102/3/709/2965084	2017	Medical	Pediatric
Outpatient Parenteral Antimicrobial Therapy		Clinical Practice Guideline for the Management of Outpatient Parenteral Antimicrobial Therapy: 2018 IDSA https://www.idsociety.org/practice-guideline/outpatient-antimicrobial-parenteral-therapy/	2018	Medical	Adult
Prenatal / Postpartum Care	2020	The American College of Obstetricians and Gynecologists (ACOG) Clinical Guidelines https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline	2021	Medical	Adult
Preventive Health	2020	Texas Health and Human Services Guidelines for Pediatric Well-Child Visits/Texas Health Steps – Based on American Academy of Pediatrics https://www.txhealthsteps.com/texas-health-steps-medicaid-resource-center	2024	Preventive	Pediatric
	2018	U.S. Preventive Services Task Force – Published Recommendations for Primary Care Practice https://www.uspreventiveservicestaskforce.org/BrowseRec/Index	2023	Preventive	Adult/ Pediatric
Schizophrenia	2020	American Psychiatric Association Clinical Practice Guidelines – Treatment of Patients with Schizophrenia https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2024	Behavioral Health	Adult

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Stroke	2020	American Heart Association, Get With the Guidelines® – Stroke https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-stroke	2024	Medical	Adult
	2020	American Heart Association, Target: Stroke https://www.heart.org/en/professional/quality-improvement/target-stroke	2024	Medical	Adult