



If you have questions about Value-Added Services, please call:

**210-358-6055**

# Healthy Expectations

## MATERNITY PROGRAM

### VALUE-ADDED SERVICES

Community First Health Plans offers you the most Value-Added Services to help keep you and your baby healthy throughout pregnancy. We care about your well-being beyond health care visits.



**COMMUNITY FIRST**  
HEALTH PLANS

For more information about your health plan, please visit [CommunityFirstMedicaid.com](https://CommunityFirstMedicaid.com)

## Healthy Expectations Maternity Program participants may be eligible to receive:\*

- > Up to a \$30 reimbursement for birthing classes or toward pregnancy-related items
- > 24-Hour Nurse Line
- > Low-cost dental services
- > Prenatal and postpartum education
- > Home visits for high-risk pregnancies
- > 10 prepared, home-delivered meals after completing a postpartum assessment within 30 days of delivery (STAR Members only)
- > Maternal Health Community Club offering:
  - A Health Educator assigned to you to help find health services, community resources, and guide you through pregnancy and beyond
  - Pregnancy, birthing, postpartum, and baby education
  - Baby car seat or Pack & Play, whichever was not received during Mommy and Me Baby Shower

\*Limitations or restrictions may apply. Please call 210-358-6055 or email [healthyhelp@cfhp.com](mailto:healthyhelp@cfhp.com) to see if you qualify for specific maternity health program benefits.

### Up to \$150 in gift cards, upon completion of the following:

- **Community First Health Assessment**
- **Agreeing to receive health education text messages**
- **Attending all required pre and postnatal checkups**
- **Receiving a flu shot during pregnancy**
- **Attending a Mommy & Me Baby Shower**

### Mommy & Me Baby Shower with gifts, including:

- **Diaper bag filled with baby items**
- **Baby car seat or pack & play**
- **Gifts for dads who attend the baby shower with mom**

SCAN ME



Scan this QR code to learn more about Healthy Expectations & take a Pregnancy Health Assessment.

**Value-Added Services are effective from September 1, 2024 through August 31, 2025.**

Community First Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity or sexual orientation. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-434-2347 (TTY 711).