



TEXAS
Health and Human
Services

TEXAS
STAR+PLUS
Your Health Plan ★ Your Choice

If you have questions about
Value-Added Services, please call:

210-358-6055

MEDICAID ONLY

STAR+PLUS

VALUE-ADDED SERVICES

Community First Health Plans offers the most Value-Added Services (extra benefits) to Members enrolled in our STAR+PLUS (Medicaid Only) Program.
We care about your well-being beyond health care visits.



COMMUNITY FIRST
HEALTH PLANS

CFHP_1802GOV_0224

For more information about STAR+PLUS, please visit CommunityFirstMedicaid.com

Value-Added Services are effective from September 1, 2024 through August 31, 2025.

Community First Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity or sexual orientation. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-382-2347 (TTY 711).

STAR+PLUS (Medicaid Only) Members are eligible to receive the following Value-Added Services:*

Up to 8 hours of in-home respite care services per year for non-HCBS waiver Members

Health & Wellness Program Rewards

- > Up to \$60 in gift cards, one insulated insulin cooler bag, and two pairs of full-length foot insoles for Members who participate in **Diabetes in Control: Diabetes Management Program**
- > For Members participating in **Healthy Living: Lifestyle Management Program**, one exercise kit that includes a towel, water bottle, and exercise bands
- > Up to \$20 in gift cards, a mask with an aerosol chamber, and an allergy-free pillow protector for Members who participate in **Asthma Matters: Asthma Management Program**
- > One adult activity book, coloring book, and colored pencils in a tote for Members who participate in **Healthy Living: Lifestyle Management Program**
- > Up to \$35 allowance for a seat attachment that fits on a walker for **Members who use a walker and participate in any Community First Health and Wellness program**
- > One pill organizer per year (upon request) for Members who participate in any Community First any disease management program

Fitness & Exercise

- > No-cost YMCA membership for Members and their families who participate in YMCA Healthy Living Programs
- > Zumba classes with fitness giveaways
- > Bike safety and repair classes

Pregnancy Support

For pregnant Members who participate in Healthy Expectations Maternity Health Program:

- > Up to \$150 in gift cards:
 - \$30 for attending Mommy and Me Baby Shower
 - \$30 for completing the Community First Health Assessment and agreeing to receive health education text messages
 - \$30 for completing a prenatal visit
 - \$30 for receiving the flu shot during pregnancy

- \$30 for completing a postpartum visit
- > Mommy & Me Baby Shower with free gifts for dad who attends with mom
- > Baby car seat or Pack & Play
- > Diaper bag with baby supplies
- > **Maternal Health Community Club offering:**
 - A Health Educator assigned to you
 - Pregnancy, labor, and postpartum education
 - Baby car seat or Pack & Play
- > Up to \$30 reimbursement for birthing classes or toward a pregnancy-related item

Extra Health Benefits

- > Extra vision benefits, including \$125 for frames or \$75 for contact lenses
- > Extra dental services, including up to 50% off dental & orthodontic services, plus free exams and x-rays

And Much More!

- > Access to rapid response services
- > Free smart phone for Members who qualify for the Federal Lifeline Program
- > 10 home-delivered prepared meals after a hospital stay
- > Transportation assistance to places like the grocery store, Social Security office, employment/housing office, or to vote
- > Up to 80% discount on prescription medicines for Member's family members
- > Personalized help to become tobacco free
- > No-cost notary services for Member's medical documents
- > In-person and virtual seasonal and community health education special events
- > \$25 gift card for Members who participate in Healthy Mind: Behavioral Health Program and complete a follow-up visit with a behavioral health provider within 7 days of hospital discharge
- > Dedicated website to connect Members with local mental health resources

*Limitations or restrictions may apply. Please call 210-358-6055 or email healthyhelp@cfhp.com to see if you qualify for specific Value-Added Services.