

COMMUNITY FIRST

HEALTH PLANS

CONSUMER DIRECTED SERVICES (CDS)

Consumer Directed Services allows people who receive services from Texas Health and Human Services Commission to hire and manage the people who provide their services. It is an option for people who use long-term services and supports to receive help with daily activities in their home or community.

If you choose CDS, you will work through a contracted Financial Management Services Agency (FMSA) to get started and receive training and support. Your FMSA will also pay your employees based on your budget and file taxes.



Community First Health Plans' Members can choose from the following FMSA's located in our service area:

ACUMEN FISCAL AGENT LLC

1130 E Arapaho Rd., Suite 525
Richardson, TX 75081
Phone: 480-392-2123

ALAMO CONSUMER DIRECT LLC

8701 Shoal Creek Blvd., Suite 303
Austin, TX 78757
Phone: 1-877-030-0832

DAVE WATSON AND ASSOCIATES LLC

1309 Ridge Rd., Suite 200
Rockwall, TX 75087
Phone: 682-722-2367

HELPING RESTORE ABILITY

4300 Beltway Place, Suite 130
Arlington, TX 76018
Phone: 817-691-1977

IN-HOME ATTENDANT SERVICES

3333 Fannin, Suite 109
Houston, TX 77004
Phone: 713-528-6499

OUTREACH HEALTH COMMUNITY CARE SERVICES

269 W. Renner Parkway
Richardson, TX 75080
Phone: 972-926-6739

CONSUMER DIRECTED SERVICES IN TEXAS INC

6243 IH 10 W., Suite 375
San Antonio, TX 78201
Phone: 210-983-3779

For more information, ask your Service Coordinator or Case Manager, or visit [HHS.Texas.gov/CDS](https://www.hhs.texas.gov/cds).