

Behavioral Health – Care Coordination Resource List

This material includes resources, tools, forms, and tip sheets for Community First Health Plans Behavioral Health Providers (BHP). It was created to assist BHPs and Primary Care Providers (PCP) in their Care Coordination efforts. Click each link to access a helpful material either located on our website www.CFHP.com/Providers or an external source.

Community First Health Plans works hard to ensure fulfillment of Care Coordination expectations. We understand the importance of Care Coordination and we are focused on helping our Providers provide safer, more effective care through better facilitation and exchange of information.

Our Population Health Management (PHM) department utilizes a member-centric approach to assist our Members with their Care Coordination. Efforts include weekly meetings with Behavioral Health staff – including social workers and nurses – to discuss the following:

- Progress of inpatient Member behavioral health hospitalizations
- Transition of hospitalized Members to outpatient care
- Coordination of medical and/or behavioral health resources that may benefit Members during this transition and ensure their compliance with follow-up care

We believe this approach best addresses the overall well-being of each Member. Our goal is to continue these efforts so that we can assist our Members, effectively communicate with Providers, and as a result, ensure the best possible health care outcomes for our Members.

RESOURCES FOR BEHAVIORAL HEALTH PROVIDERS		
Name of Resource	Description of Resource	Link to Resource
Psychological Testing Request Form	A form to request psychological testing for a Community First Health Plans Member.	https://www.cfhp.com/wp-content/uploads/2021/02/Psychological-Testing-Request-Form-2021.pdf
Communication Tips for Behavioral Health and Primary Care Providers	Tips to help improve communication between BHPs and PCPs.	https://www.cfhp.com/wp-content/uploads/2021/03/Community-First-Provider-Communication-Tips-for-BHandPCPs.pdf
Communication Form for Behavioral Health	A fillable form created to help facilitate continuity and	https://www.cfhp.com/wp-content/uploads/2021/03/Community-First-Provider-Communication-Form-BHandPCP.pdf

RESOURCES FOR BEHAVIORAL HEALTH PROVIDERS

& Primary Care Providers	coordination of care between the medical and behavioral health providers.	
Name of Resource	Description of Resource	Link to Resource
Clinical Practice Guideline Matrix for Behavioral Health	A list of Behavioral Health Clinical Practice Guidelines adopted by Community First. Links to each guideline included.	https://www.cfhp.com/wp-content/uploads/2021/03/Community-First-Provider_ClinicalPracticeGuidelineMatrix_BehavioralHealth.pdf
Physician Medical Record Audit Tool	An excel spreadsheet for physicians containing formulas to help evaluate Documentation and Coordination of Care compliance.	https://www.cfhp.com/wp-content/uploads/2021/03/Community-First-Provider_Physician-Medical-Record-Audit-Tool.xlsx
Licensed Professional Counselor Medical Record Audit Tool	An excel spreadsheet for LPCs containing formulas to help evaluate Documentation and Coordination of Care compliance.	https://www.cfhp.com/wp-content/uploads/2021/03/Community-First-Provider_Licensed-Professional-Counselor-Medical-Record-Audit-Tool.xlsx
Behavioral Health Medical Record Documentation Guidelines	Guidelines for medical record documentation. Refer to this material when using the two audit tools listed above.	https://www.cfhp.com/wp-content/uploads/2021/03/Community-First-Provider_Behavioral-Health-Medical-Record-Documentation-Guidelines.pdf
Behavioral Health Screening Chart	A tool to assist PCPs address Members' medical and behavioral health needs.	https://www.cfhp.com/wp-content/uploads/2021/03/Community-First-Provider_Behavioral-Health-Screening-Chart.pdf

RESOURCES FOR BEHAVIORAL HEALTH PROVIDERS

Texas Medicaid STAR/CHIP/STAR Kids Prior Authorization Forms	An external link to Navitus Health Solutions' downloadable prior authorization forms.	https://txstarchip.navitus.com/pages/prior-authorization-forms.aspx
Texas Medicaid STAR/CHIP/STAR Kids Formulary Documents	An external link to Navitus Health Solutions' plan-specific formulary documents.	https://txstarchip.navitus.com/pages/formulary.aspx

Additional resources for specific behavioral health conditions identified within our population:

- Texas Statewide Behavioral Health Coordinating Council:
<https://mentalhealthtx.org/help-yourself/>

Bipolar Disorders

- For children, refer to the National Center for Biotechnology Information, National Library of Medicine, and National Institutes of Health as follows:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6345130/>
- For older adults (geriatrics):
<https://www.uptodate.com/contents/geriatric-bipolar-disorder-treatment-of-mania-and-major-depression>

Anxiety Disorders

- For children, refer to the American Academy of Child and Adolescent Psychiatry as follows:
https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx
- For older adults:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5840911/>

Schizophrenia

- For children, refer to the American Academy of Child and Adolescent Psychiatry as follows:
https://www.aacap.org/App_Themes/AACAP/docs/practice_parameters/Schizophrenia_Sept13.pdf
- For older adults:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5840910/>

Depression

- For children refer to the American Academy of Child and Adolescent Psychiatry as follows:
https://www.aacap.org/app_themes/aacap/docs/practice_parameters/depressive_disorders_practice_parameter.pdf
- For older adults:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5840909/>

ADHD

- Guidelines for individuals of all ages:
<https://adhd-institute.com/disease-management/guidelines/>
- For adults:
<https://www.aafp.org/afp/2012/0501/p890.html>
- For children:
<https://chadd.org/for-professionals/clinical-practice-guidelines/>
- For older adults:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4712975/>